

CORONAVIRUS, TO PROTECT YOURSELF AND PROTECT OTHERS

THE 6 BARRIER GESTURES TO BE RESPECTED

Avoid close contacts by maintaining a distance of at least 1 meter between 2 people

2

Wash hands very regularly

3

Cough/sneeze into arm or in disposable handkerchief

4

Use disposable handkerchiefs and throw it away after use

5

Say hello without shaking hands, avoid hugs

6

Wear a mask correctly