CORONAVIRUS, TO PROTECT YOURSELF AND PROTECT OTHERS

THE 6 BARRIER GESTURES TO BE RESPECTED

1. Avoid close contacts by maintaining a distance of at least 1 meter between 2 people

2. Wash hands very regularly

3. Cough/sneeze into arm or in disposable handkerchief

4. Use disposable handkerchiefs and throw it away after use

5. Say hello without shaking hands, avoid hugs

6. Wear a mask correctly